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Secrets of Native American Herbal...  
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Most of the inhabited parts of the Native American reserves being rather dry and sandy, the people needed a source of natural and long-lasting hydration and that was Aloe Vera. Be it to rid yourself of a dry scalp or to help treat dry and/or

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sunburnt skin, Aloe Vera is the first  
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In Native American herbal medicine,  
various species were used in poultices  
applied to burns, wounds infection,  
sprains, boils, and swelling. Internally, it

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was used for abdominal cramps, kidney stones, whooping cough, cysts, gonorrhea, and diarrhea.

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Herbal medicine has been practiced by Cherokee and other Native American healers for hundreds of years . Their extensive knowledge of the healing properties of regional herbs and plants was handed down from one generation to another via specially chosen healers and shamans.

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A herbal is a book containing the names and descriptions of plants, usually with information on their medicinal, tonic, culinary, toxic, hallucinatory, aromatic,



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Comprehensive Guide To The Well-Being, Paperback by Cichoke, Anthony J., ISBN 158333100X, ISBN-13 9781583331002, Brand New, Free shipping in the US A comprehensive guide to ancient Native American herbal and natural remedies describes the Native American concept of healing, which stresses the balance of mind, body, and spirit; offers an ...

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The Secrets of Native American Herbal Remedies : A ...

Secrets of Native American Herbal Remedies For centuries, Native American healers have used the gifts of nature to bestow health and healing on those in need. Now, author Anthony Cichoke brings this knowledge to you

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exploring more than 100 American herbs, including such newly popular ones as echinacea, ginkgo biloba, ginseng, and goldenseal.

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Native Americans believe strongly in the interconnection of all of creation. They

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practice their healing arts in a way which includes the natural world and the whole person – body, mind and spirit. Dancing Secotan Indians in North Carolina. Watercolour painted by John White in 1585.

11 Plants For Healing Native Americans Used To Cure EVERYTHING

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Rebuild the Spirit by Porter Shimer.

Learn how Native Americans have used  
the bountiful gifts of nature to heal the



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The Secrets Of Herbal Medicine : Best Documentary Of All Time

The Cherokee is a Native American tribe that is indigenous to the Southeastern United States. They believe that the Creator has given them a gift of understanding and preserving medicinal

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